





Newcastle Local Overview


Access of Health Services


Those registered with a GP			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
84%		84%	90%


Used a Dentist in the last 6 months			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
23%		35%	32%


Those registered with a Dentist			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
50%		61%	-

Have you used A&E in the last 6 months			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
34%		35%	35%

Used a GP in the last 6 months			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
84%		85%	90%

Admitted to hospital in the last 6 months			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
12%		20%	26%

Homeless Project Provided Health Advice			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
91%			59%

Was the advice you received useful?			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
76%			66%


contact point for individuals with health issues, nearly all participants had recently been in contact with their local GP.


Homeless Projects was seen as very good in providing health advice (access to posters and pamphlets) with a high number of those surveyed receiving advice for services which was very well received.


The majority of participants were registered with a GP, comparable to the region, but slightly less than the national picture. However, it does represent a high number of respondents being able to access primary health services.


Registration with a Dentist is reasonably low this doesn't, in line with the regional picture the cost to access these services, even though minimal to many, this could be very prohibitive. Trust is high of GP's, and most often the first


Physical Health


Do you smoke			
Newcastle		North East	National
81%		75%	77%

Do you have dental problems			
Newcastle		North East	National
12%		30%	15%

Do you want to stop			
Newcastle		North East	National
27%		33%	41%

Do you have chest problems			
Newcastle		North East	National
12%		33%	15%

Do you eat two meals a day			
Newcastle		North East	National
75%		64%	35%

Do you have joint aches or problems with bones			
Newcastle		North East	National
15%		46%	22%

The majority are smokers, significantly higher compared to the rest of the region and the national audit. There isn't a noted desire to stop either with those wanting to stop being significantly lower. Nearly all smokers noted that they have been offered to help stop but they didn't want to take this up.


Regionally a high number of people reported eating two meals a day, with those in Newcastle reported higher amounts doing so. When asked how much fruit and veg they consumed though this limited to 1 – 2 pieces a day with 54% of respondents stating they had any regular fruit and veg. So although the number of those eating two meals a day is encouraging, little is known about the quality and the nutritional benefit.


Three prominent health problems came out of the regional picture;


- Chest Pain/Breathing Problems
- Joint Aches/Problems with bones and muscles
- Dental


Those suffering from chest, joints and dental pain or joint problems notably lower when compared with the regional picture.


Mental Health


Do you often feel stressed			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
53%			69%

Respondents with a formal diagnosis			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
25%			48%

Do you often feel anxious			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
56%			63%

Formal diagnosis for depression			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
100%			82%

Do you feel depressed			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
59%			66%

Received a dual diagnosis			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
3%			30%


Participants were asked about their own mental health and how they feel, what issues do they experience in their everyday life, or what issues do they feel they have.

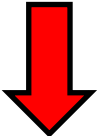
Respondents in the Newcastle area showed less prevalence of mental health issues through self-diagnosis which were highlighted across the region. In addition over half of respondents noted having difficulty sleeping.

There was a lower level of formal diagnosis by a health professional with only 25% of individuals receiving a formal diagnosis, in line with the regional picture this was predominately for depression. All of those with a formal diagnosis were receiving some form of supported.


Overall 28% of people stated they self-medicate to help them with their mental health problems (this includes those not formally diagnosed). Only one person had a dual diagnosis, those receiving a formal diagnosis for mental health problems also had a drink or drug problem.


Drugs and Alcohol

Do you take drugs (or recovering from a drug problem)			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
31%		44%	33%

Percentage of drug users getting support			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
40%		62%	44%

Number of people taking legal highs			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
5		14	-

Percentage of people who are weekly drinkers			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
0%		13%	35%

Percentage of cannabis users			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
16%		27%	64%


Percentage of those drinking more than 10 units			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
38%		32%	36%


Drug use among respondents was notably lower than the rest of the region. Cannabis was a drug used by many as was legal highs. No heroin use was noted and one person was currently being prescribed methadone.


Only 40% of drug users were getting support to help them either use drugs more safely or eradicate the use of them altogether, this was a lot lower than both the regional and national picture.


Newcastle appears to have a lot lower number of drinkers, those drinking more than twice a week, nearly three times as many proportionally than the North East. But it is worth noting 25% drinking on a monthly basis and 16% never. Interestingly though the number of individuals who consume over 10 units when they do drink is high. Two respondents are receiving help with a drink problem.

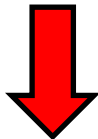
Vaccinations and Screening


Received a Hep A Vaccination			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
19%		26%	-


Sexual Health Check - Men			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
37%		25%	28%


Received a Hep B Vaccination			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
22%		32%	-


Sexual Health Check - Women			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
50%		46%	50%

Received a Flu Vaccination			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
19%		21%	-

Have you a had a breast examination			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
0%		10%	-

Have you had a cervical smear			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
6%			30%


Tested positive for Hep C			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
0%			3%

Tested positive for TB			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
0%			2%

Those receiving vaccinations for both Hep A and Hep B were notably higher but those receiving flu vaccinations were below those of the wider region. Testing in general for Hep C was relatively low for all areas with many not knowing whether they had been tested or not making it hard to get a true picture. With the numbers of those tested being low it is worth noted that no one had tested positive for Hep C.

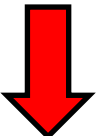
The number of people receiving a sexual health check was higher than the rest of the region for both men and women. Nearly all those interviewed where knowledgeable where to get advice and support, including contraception, regarding their sexual health. Both GP's and Clinics where seen as the go to for this advice. This further cements the role of the GP as the entrusted health and medical advisor.

Respondent Profile


Number of respondents			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
41		49	-

Do you have a disability			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
5%		32%	-


Number of those left the armed services			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
0		1	-

Where are you currently staying - Hostel			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
16%		34%	-

Respondents who are prison leavers			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
15%		29%	-

Where are you currently staying – Rough Sleeping			
<i>Newcastle</i>		<i>North East</i>	<i>National</i>
0%		4%	-


Where are you currently staying – Supported Accom'

<i>Newcastle</i>		<i>North East</i>	<i>National</i>
50%		26%	27%

Percentage of respondents from a BME background

<i>Newcastle</i>		<i>North East</i>	<i>National</i>
0%		10%	-


Are you in training or employment

<i>Newcastle</i>		<i>North East</i>	<i>National</i>
36%		13%	-

Percentage of Male Respondents

<i>Newcastle</i>		<i>North East</i>	<i>National</i>
44%		69%	-

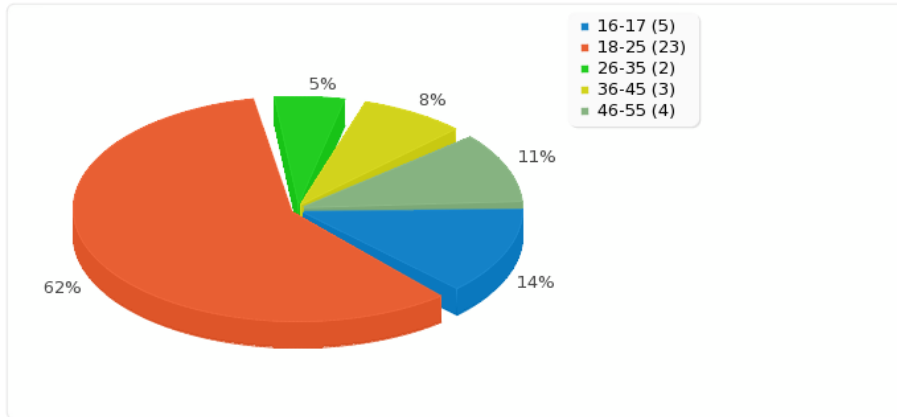
Does your health stop you accessing employment

<i>Newcastle</i>		<i>North East</i>	<i>National</i>
16%		45%	-

Percentage of Female Respondents

<i>Newcastle</i>		<i>North East</i>	<i>National</i>
56%		30%	-

Age breakdown of respondents



Most survey returns were provided by the following organisations;

- Young Persons Service
- Cuthbert House
- Haven Tyneside

Newcastle respondents when asked where they were currently staying reported fewer amounts of people staying in the main three reported in the regional audit;

- Hostel
- Rough Sleeping
- Supported Accommodation

It needs to be noted though that 31% of respondents stated other for where they were currently staying; this was largely their own tenancy in other private rented or social housing.

