

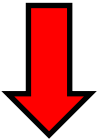



Northumberland Local Overview


Access of Health Services


Those registered with a GP			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
62%		84%	90%


Used a Dentist in the last 6 months			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
23%		35%	32%

Those registered with a Dentist			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
46%		61%	-

Have you used A&E in the last 6 months			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
38%		35%	35%


Used a GP in the last 6 months			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
85%		85%	90%

Admitted to hospital in the last 6 months			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
23%		20%	26%

Homeless Project Provided Health Advice			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
8%			59%

contact point for individuals with health issues, nearly all participants had recently been in contact with their local GP.


Homeless Projects was seen as very good in providing health advice (access to posters and pamphlets) with a high number of those surveyed receiving advice for services which was very well received. Within Northumberland very few received advice from Homeless Projects.


Was the advice you received useful?			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
100%			66%

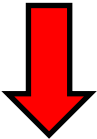
The majority of participants were registered with a GP, but much less so than across the region, but slightly less than the national picture. However, it does represent a high number of respondents being able to access primary health services.


Registration with a Dentist is low, as is the use of dental services. In line with the regional picture the cost to access these services, even though minimal to many, this could be very prohibitive. Trust is high of GP's, and most often the first


Physical Health


Do you smoke			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
23%		75%	77%

Do you have dental problems			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
8%		30%	15%

Do you want to stop			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%		33%	41%

Do you have chest problems			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%		33%	15%

Do you eat two meals a day			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
69%		64%	35%

Do you have joint aches or problems with bones			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
23%		46%	22%

Fewer respondents reported being smokers and none of those surveyed stated they wanted to stop.


Regionally a high number of people reported eating two meals a day; this was reported higher in Northumberland. When asked how much fruit and veg they consumed though this limited to 1 – 2 pieces a day with 78% of respondents stating they had any regular fruit and veg. So although the number of those eating two meals a day is encouraging, little is known about the quality and the nutritional benefit.


Three prominent health problems came out of the regional picture;


- Chest Pain/Breathing Problems
- Joint Aches/Problems with bones and muscles
- Dental


Those suffering with joint, chest or dental problems were much lower than the regional picture. Across all areas the use of dentists wasn't high and no doubt explains why this features as a common problem for many.

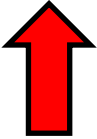
Mental Health


Do you often feel stressed			
Northumberland		North East	National
62%		69%	73%

Respondents with a formal diagnosis			
Northumberland		North East	National
36%		48%	45%

Do you often feel anxious			
Northumberland		North East	National
62%		63%	65%

Formal diagnosis for depression			
Northumberland		North East	National
75%		82%	36%

Do you feel depressed			
Northumberland		North East	National
69%		66%	67%

Received a dual diagnosis			
Northumberland		North East	National
25%		30%	12%


Participants were asked about their own mental health and how they feel, what issues do they experience in their everyday life, or what issues do they feel they have.


Respondents in the Northumberland area showed comparable mental health issues through self-diagnosis as highlighted across the region.

But there was a lower level of formal diagnosis by a health professional with 36% of individuals receiving a formal diagnosis, in line with the regional picture this was predominately for depression. Half of those with a formal diagnosis were receiving some form of supported.

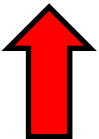
Overall 38% of people stated they self-medicate to help them with their mental health problems (this includes those not formally diagnosed). One individual had a dual diagnosis, receiving a formal diagnosis for mental health problems also had a drink or drug problem.


Drugs and Alcohol


Do you take drugs (or recovering from a drug problem)			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
38%		44%	33%

Percentage of drug users getting support			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%		62%	44%

Number of people taking legal highs			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
1		14	-


Percentage of people who are weekly drinkers			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
31%		13%	35%


Percentage of cannabis users			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
38%		27%	64%


Percentage of those drinking more than 10 units			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%		32%	36%


Drug use among respondents was notably lower than the rest of the region. No one surveyed was a heroin user or reported being prescribed methadone. Along with the rest of the region the use of legal highs was non-existent. Northumberland appears to have a considerably larger number of regular weekly drinkers, those drinking more than twice a week. It is worth noting though 23% of people do not drink at all with 15% drinking monthly or less.


Vaccinations and Screening


Received a Hep A Vaccination			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%		26%	-


Sexual Health Check - Men			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%		25%	28%


Received a Hep B Vaccination			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%		32%	-


Sexual Health Check - Women			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%		46%	50%

Received a Flu Vaccination			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
8%		21%	-

Have you a had a breast examination			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
33%		10%	-

Have you had a cervical smear			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
67%			30%


Tested positive for Hep C			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%			3%

Tested positive for TB			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%			2%

Those receiving vaccinations for both Hep A and Hep B were notably higher as were those receiving flu vaccinations when compared to the wider region. No one tested positive for Hep C but this was relatively low for all areas with many not knowing whether they had been tested or not making it hard to get a true picture. .


The number of people receiving a sexual health check was below the rest of the region for both men and women. Nearly all those interviewed were knowledgeable where to get advice and support, including contraception, regarding their sexual health. Both GP's and Clinics were seen as the go to for this advice. This further cements the role of the GP as the entrusted health and medical advisor.

Respondent Profile


Number of respondents			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
13		49	-

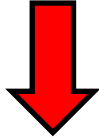
Do you have a disability			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
23%		32%	-

Number of those left the armed services			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0		1	-

Where are you currently staying - Hostel			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
15%		34%	-

Respondents who are prison leavers			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
8%		29%	-


Where are you currently staying – Rough Sleeping			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%		4%	-

Where are you currently staying – Supported Accom'			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%			26%

Percentage of respondents from a BME background			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
0%		10%	-

Are you in training or employment			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
31%			13%

Percentage of Male Respondents			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
77%		69%	-

Does your health stop you accessing employment			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
38%			45%

Percentage of Female Respondents			
<i>Northumberland</i>		<i>North East</i>	<i>National</i>
23%		30%	-

Age breakdown of respondents

